



# Cash Flow Budget Worksheet

	Week 1	Week 2	Week 3	Week 4	Week5
Beginning Balance of the Week					
<b>Sources of Income</b>					
Job					
TANF					
SNAP					
Public Housing Voucher					
Other:					
Total sources of income					
<b>Use of Cash and other financial resources</b>					
Savings (PAY YOURSELF FIRST					
Pay Day Loans					
Personal Loans					
Car Payment					
Credit Card					
Other Debt					
Rent/Mortgage					
Insurance (house, car, health)					
Utilities					
Cable/TV					
Internet					
Phone (land or cell)					
Groceries					
Eating out/Drinking Out					
Gas/Transportation					
Car Maintenance					
Health Care					
Personal Care					
Child care					
Entertainment					
Contributions					
Other:					
Total use of Income					
Ending Balance for the week (Source – Use)					
<i>This becomes the beginning balance of the next week</i>					